



ESCOLA AMERICANA DE CAMPINAS
After School Athletics /
Activities Program Guide
2018 - 2019

Rua Cajamar, 35
Jardim Alto da Barra, Campinas - SP

EAC Vision and Mission



Vision

To be a community of globally minded and life-long learners reaching our fullest potential in a caring, dynamic environment through personalized education which prepares us to contribute to an ever-changing world.

Mission

At EAC, we are a learning community that fosters globally minded, innovative thinkers and learners who are thoughtful and reflective individuals. We accomplish our mission by nurturing our passions and taking accountable risks while continually striving for success. We are Giants!

G	GLOBALLY MINDED
I	INNOVATIVE THINKERS AND LEARNERS
A	ACCOUNTABLE RISK-TAKERS
N	NURTURES PASSIONS
T	THOUGHTFUL AND REFLECTIVE
S	STRIVES FOR SUCCESS

EAC Core Values



Dear Parents/Guardians and Students,

This EAC After School Athletics / Activities Handbook was developed to ensure that all students and parents/guardians are familiar with the policies and expectations of the After School Athletics / Activities Program. You and your son/daughter are encouraged to read this Handbook so that all community members understand our programs and their policies and procedures. **All students enrolled in the After School Athletic / Activity Program are held accountable for all policies and expectations detailed in this Handbook.**

As you use this Handbook, we welcome your suggestions and comments. Please contact us in writing with your questions or concerns. We hope to keep promoting and providing a healthy and safe environment for a great experience to all involved in our program.

Thank you, good luck and best wishes for the 2018-2019 school year.

Sincerely,

Bruno Simões
Athletic Director
bruno.simoeseac.com.br

Priscilla Pinheiro
After School Activities Coordinator
priscilla.pinheiro@eac.com.br

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Introduction

EAC is committed to supporting the intellectual, physical, and emotional development of all of students. EAC provides students with opportunities to pursue interests and passions beyond the four walls of the classroom. We also understand that student success is not solely defined by grades. Consequently, EAC offers a robust after school activities program consisting of a range of athletics and activities that fall under the areas of:

Athletics	Activities
Soccer Futsal Volleyball Basketball Cheerleading	<ul style="list-style-type: none"> ● Creative Arts: drama, music (guitar, violin) and visual arts ● Technology: Robotics, coding, Little Maker, multi-media production ● Language: Spanish, German, Korean ● Wellness: cooking, yoga ● Academics: MUN, knowledge bowl, homework clubs ● Other After School Activities: judo, circus

Activities vary from year to year depending on the availability of personnel and facilities. EAC communicates a program of after school activities to students and parents at the beginning of each semester just before the registration period.

After School Athletics / Activities Program Goals

The goals of the EAC After School Athletics/Activities Program are as follows:

- Enhance and expand the learning experiences of the classroom;
- Offer opportunities for students to experience social phenomenon such as public performance, cooperation, teamwork, and interaction with fellow students and adults;
- Enhance student identification with friends, school, and the community at large as well as provide support and opportunities for student interaction to develop friendships;
- Elevate student morale and motivation for academic, physical and social skill development;
- Elevate the standards of good sportsmanship, encourage the growth of good citizenship and the development of positive personal character attributes;
- Enhance the development of a positive self-image in each student;
- Provide experience in setting goals, meeting challenges and coping with success and failure.
- Meet the needs of students rather than the needs of teachers, coaches, administrators, parents or the world at large;
- Provide a reflection and feedback component in order to maximize learning and growth;
- Supply guidance in the individual's selection and number of activities in which they participate in order to best meet life long as well as immediate needs of students.

Times and Registration

All Elementary School (Grade 1-5) After School Athletics / Activities are scheduled on Monday through Friday from 3:30-4:30. Upper School Athletics / Activities are scheduled from 3:30-4:30 or from 4:30-6:00.

- Creative Arts: drama, music (guitar, violin) and visual arts
- Technology: Robotics, coding, Little Maker, multi-media production
- Language: Spanish, German, Korean
- Wellness: cooking, yoga
- Academics: MUN, knowledge bowl, homework clubs
- Other After School Activities: judo, circus

Information about the After School Athletics/Activities Program is posted on the [After School Activities Site](#). All students are required to register for after school athletics and activities through the website. A one-week registration period takes place at the beginning of each semester. After School Activities Coordinator Priscilla Pinheiro will inform families about offerings and the registration period. Questions related to offerings and registration can be directed to Priscilla at (priscilla.pinheiro@eac.com.br)

Athletics Overview

Introduction

EAC is committed to providing students with a quality after school athletics program. In particular, the program should:

- be consistent with the overall mission and core values of the school;
- promote healthy, balanced and productive citizenship;
- promote skills, understanding and attitudes necessary for life-long learning;
- support the competitive urge to excel;
- encourage athletes to be the best they can be;
- expect acceptance of officials' decisions without argument;
- foster a high sense of honor, duty and ethical character that is necessary for team play ;
- promote a cooperative spirit;
- encourage a sense of responsibility when representing the community.

Participation in the EAC Athletics Programs is a privilege, not a right. To earn that privilege, administrators, coaches, and student-athletes must conduct themselves as positive role models.

EAC student-athletes are expected to:

- Exhibit respect and courtesy toward all participants, including opposing student-athletes and coaches, and officials;
- Exercise restraint in your actions, both physical and verbal, towards other participants;
- Comment about other institutions, coaches, and student-athletes only in a positive manner;
- Refrain from making public comments critical of officials or the quality of their work;
- Celebrate successes in a respectful and humble manner, relative to the achievement;
- Demonstrate maturity and dignity in both success and defeat;
- Maintain satisfactory academic performance.

EAC expects attendees at athletic events to adhere to the highest standards for good sportsmanship; all spectators must be respectful of players, coaches, officials, and other spectators. We encourage applause and cheering, but we prohibit critical or derogatory comments made to anyone involved in the event. We believe that the game itself should be left to the players, coaches, and officials, and place great importance on the principles of sportsmanship and the ideal of pursuing victory with honor.

After School Athletics Offerings

Below are the athletic offerings by age group for Semester 1 and Semester 2.

Semester 1: August - December	Semester 2: January - May
<p>Sports Club I for students born in 2010, 2011 and 2012 - Under 8 years old</p> <ul style="list-style-type: none"> ● Sports Club I Boys Soccer ● Sports Club I Girls Soccer ● Sports Club I Coed Basketball ● Sports Club I Cheerleading 	<p>Sports Club I for students born in 2011 and 2012 - Under 8 years old</p> <ul style="list-style-type: none"> ● Sports Club I Boys Soccer ● Sports Club I Girls Soccer ● Sports Club I Coed Basketball ● Sports Club I Cheerleading
<p>Sports Club II for students born in 2008 and 2009 - Under 10 years old</p> <ul style="list-style-type: none"> ● Sports Club II Boys Soccer ● Sports Club II Girls Soccer ● Sports Club II Boys Basketball ● Sports Club II Girls Basketball ● Sports Club II Cheerleading 	<p>Sports Club II for students born in 2009 and 2010 - Under 10 years old</p> <ul style="list-style-type: none"> ● Sports Club II Boys Soccer ● Sports Club II Girls Soccer ● Sports Club II Boys Basketball ● Sports Club II Girls Basketball ● Sports Club II Cheerleading
<p>Junior Level for students born in 2006 and 2007 - Under 12 years old</p> <ul style="list-style-type: none"> ● Junior Boys Soccer ● Junior Girls Soccer ● Junior Boys Basketball ● Junior Girls Basketball ● Junior Cheerleading ● Junior Coed Volleyball 	<p>Junior Level for students born in 2007 and 2008 - Under 12 years old teams</p> <ul style="list-style-type: none"> ● Junior Boys Soccer ● Junior Girls Soccer ● Junior Boys Basketball ● Junior Girls Basketball ● Junior Cheerleading ● Junior Coed Volleyball
<p>Junior Varsity (JV) for students who are 14 years old until the Little 8 Tournaments -</p> <ul style="list-style-type: none"> ● JV Boys Soccer ● JV Girls Soccer ● JV Boys Basketball ● JV Girls Basketball ● JV Cheerleading 	<p>JV Teams for students who are 14 years old until the Little 8 Tournaments</p> <ul style="list-style-type: none"> ● JV Boys Futsal ● JV Girls Futsal ● JV Boys Volleyball ● JV Girls Volleyball
<p>Varsity for students who are 15 years old before the Little 8 Tournaments</p> <ul style="list-style-type: none"> ● Varsity Boys Soccer ● Varsity Girls Soccer ● Varsity Boys Basketball 	<p>Varsity for students who are 15 years old before the Little 8 Tournaments</p> <ul style="list-style-type: none"> ● Varsity Boys Futsal ● Varsity Girls Futsal ● Varsity Boys Volleyball ● Varsity Girls Futsal

<ul style="list-style-type: none"> ● Varsity Girls Basketball ● Varsity Cheerleading 	
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Sport Festivals- Sports Club I & II and Juniors

During the course of the year, EAC hosts 8 festivals for student athletes in the Sports Club I&II and Junior Programs. EAC invites student athletes from local schools and organizes a series of matches/games emphasizing a healthy balance of competition and fun

Junior Varsity and Varsity Leagues and Tournaments

Junior Varsity and Varsity teams we participate in two tournaments in each semester.

Semester 1: Little 8 (JV Basketball, Soccer and Cheerleading), Big 8 (Varsity Basketball, Soccer and Cheerleading)

Semester 2: Inter 6 (Varsity Futsal and Volleyball), Little 6 and 8 (JV Futsal and Volleyball).

In addition, Varsity Teams participate in the SPHSL (São Paulo High School League) during both semesters.

You may access the [EAC Athletics Website](#) for more details about league play, tournaments, travel, and other expectations.

Parent/Coach Expectations

As adult role models, parents and coaches are critical in helping our student athletes develop the skills and attitudes necessary to experience success on the court/field. EAC coaches are all qualified and experienced coaches and athletes, and EAC parents are involved and engaged and what the best for their children and the community. Below are coaches' and parents' expectations designed to support the physical development and character of our student athletes.

Communication you can expect from your coach

- Philosophy of the coach;
- Expectations the coach has for your student-athlete as well as the team;
- Team requirements and rules;
- Procedures to follow should your child be injured during participation;
- Discipline resulting in the restriction or denial of your child's participation;
- The availability of the coach to speak with you about your child if you should have a concern.

Communication coaches can expect from parents

- General concerns expressed directly to the coach (at appropriate times);
- Notification of any schedule conflict which may involve an absence from practices or a contest well in advance;
- Notification of health or family concerns that may impact your student-athlete;
- Your support for the program and positive encouragement for all involved.

Appropriate concerns to discuss with coaches

- Ways to assist in your child's improvement;

- Physical and mental treatment of your child;
- Concerns about your child's behavior.

Issues not appropriate to discuss with coaches

- Playing time;
- Strategy, play calling;
- Other student-athletes.

Keeping athletics in perspective

- Support a healthy lifestyle that emphasizes a balance of both academic and athletic endeavors.
- Encourage responsibility towards personal and time management;
- Use athletics as a way to teach children how to interact with other people during social/emotional situations;
- Help children to understand that athletic ability varies with body maturity and that effort is just as important, if not more important, than natural ability.

Supporting the program

- Be supportive of the coaching staff. Being on a successful team is important to your child. Talk to your child frequently about how things are going with his/her sport;
- Be supportive of your child, ensuring he/she has the proper equipment for that sport, e.g. proper shoes, shin and knee pads. Attend as many of your child's contests as possible;
- During the season, take into consideration practice and games when planning family events or other activities;
- Model positive behavior.

Communication

If a parent/guardian has a concern or question about a particular activity or their child's participation in the activity, they should contact the coach directly. If the coach is not able to address the concern or question, then the parent should contact the Athletic Director, Bruno Simoes, at bruno.simoeseac.com.br

EAC Booster Club

The EAC Booster Club is an organization of volunteer parents of students who are interested in supporting EAC student-athletes to a great athletics experience. All teams benefit from the club's sponsorship of the following activities:

- Assist with hospitality when EAC hosts Sports Festivals and other games;
- Operate concessions (Snack Shack);
- Support in Athletics Events, including Giants Sports Night;
- Communicate with the community to promote our sports teams.

Parents are encouraged to support Booster Club activities by volunteering to become members. For additional information on the EAC Booster Club, please contact Mr. Raul Sadir (EAC Booster Club President) at 137.Sadir@eacparents.com.br

Uniforms

EAC Athletic Department will provide uniforms to our student-athletes. However, most of our students at the beginning of the season express their desire of purchasing it with their name written on the back. The Athletic Director will share a form at the beginning of each semester for interested student-athletes to purchase the team uniforms. Head coaches will determine appropriate practice attire.

If you have any questions about the EAC Athletics Program, please contact Bruno Simoes at bruno.simoes@eac.com.br

Activities Overview

Introduction

EAC is committed to extending the curriculum after school in order to provide students with a variety of opportunities to pursue their interests and passions. Below are a sampling of activities that EAC offers during Semester 1 (August to December) and Semester 2 (January to May).

- Creative Arts: drama, music (guitar, violin) and visual arts
- Technology: Robotics, coding, Little Maker.
- Language: Spanish, German, Korean
- Wellness: cooking, yoga
- Academics: MUN, knowledge bowl, homework clubs
- Other After School Activities: judo, circus

Most after school activities for elementary school and upper school students are offered during the first session from 3:30-4:30. A few after school activities for high school students (Grades 9-12) extend beyond 4:30.

Activities change per semester due to availability of the leaders/providers, space, and resources.

Sponsored v. Non-Sponsored Activities

EAC offers sponsored v. non-sponsored activities.

Sponsored Activities: Those activities that are led by coaches or teachers that are contracted (employed) and compensated by the school. There is no charge to parents for sponsored activities. (e.g. EAC sports, homework clubs, etc.)

Non-Sponsored Activities: Those activities that are typically led by outside providers who are not directly contracted or employed by the school. They typically invest in specialized resources (time, professional development, equipment) in order to offer the activity which justifies the extra cost. There is a semester fee for the activity. (e.g. music lessons, robotics, etc.) and the parent directly pays the provider for the activity.

Communication

If a parent/guardian has a concern or question about a particular activity or their child's participation in the activity, they should contact the activity leader directly. If the activity leader is not able to address the concern or question, then the parent should contact the After School Activity Coordinator, Priscilla Pinheiro, at priscilla.pinheiro@eac.com.br

If a parent/guardian has a question about the After School Activities Program, then the parent/guardian should contact After School Activities Coordinator Priscilla Pinheiro.

Activity Descriptions and Registration

Descriptions for all activities, along with the registration process can be found on EAC's [After School Athletics/Activities Website](#). Registration is scheduled during the end of the previous semester and at the beginning of the new semester.

Proposed New Activities

EAC is always looking to augment and enhance the After School Athletics / Activities Program. If a community member (parent, faculty/staff, student) would like to offer an activity, please contact After School Athletics/ Activities Coordinator, Priscilla Pinheiro at priscilla.pinheiro@eac.com.br She will guide you through the process and outline the criteria which includes:

- Student interest and need (minimum of 6 or more students per group)
- Alignment with goals of the EAC After School Athletics/Activities Program
- Instructor(s) qualifications
- Safety
- Facility availability
- Cost

Please note that all After School Activities have to be formally approved by the School Administration.

Student Behavior and Discipline

Student behaviour and expectations during After School Athletics / Activities remain consistent with those held during the regular school day. We expect that everyone at EAC will behave in a manner that is aligned with our Core Values:

- Respectful
- Empathetic
- Responsible
- Open-minded
- Principled

EAC coaches and activity leaders align with the school's approach to behaviour management to ensure all students have full access to safe and engaging experiences. In the event that a student's behaviour contravenes the school's core values and compromises their own and other's participation in the activity, the following steps will be followed, though alternative consequences will be applied if extenuating circumstances merit a different response. Students and parents will be given fair notice and warning when students stray outside of these school rules.

Behaviours	Examples	Possible Consequences
Step One: Low-level, minor, infrequent behaviors that do not disturb others or disrupt the teaching or learning of others.	Late or unprepared for activity Disinterested or unsatisfactory participation Inappropriate clothing	Verbal warning Loss of activity privilege Parent notification

	Not cleaning up after one's self Not following directions	
Step Two: Repeated Step One behaviors, persistent behaviors that disturb others or disrupt the success / participation of others.	Disrespect or defiance Use of offensive language Teasing Unsafe or inappropriate actions Inappropriate use of equipment	Formal warning Parent notification Loss of activity privilege Suspension from activity
Step Three: Repeated Step Two behaviors, intentionally harmful, violent, dangerous or illegal behaviors.	Bullying or harassment Violence Theft	Permanent removal from activity

Coaches and activity leaders work closely with the Athletics Director, the Activities Coordinator, and Elementary and Upper School Principals to support the success of students. Students are expected to behave appropriately, and parents are expected to support EAC's Core Values, especially when their child is not behaving appropriately.

Attendance

Coaches and activity leaders will take attendance using for their respective sport/activity. If a parent has any questions about attendance, then please contact After School Activities Coordinator, Priscilla Pinheiro at priscilla.pinheiro@eac.com.br or Athletic Director, Bruno Simoes at bruno.simoes@eac.com.br

After School Athletics/Activities Pick-Up

Parents are expected to pick up elementary school students (Grades 1-5) at the Pre-School pick-up/drop-off area promptly at 4:30. A group of coaches, activity leaders, and campus monitors have been assigned to supervise the gates and the area during this time. If a parent is late, the campus monitor will escort the child to the Guard House and wait for the parent.

The pick up for upper school students (Grades 6-12) is scheduled at 4:30 and 6:00 at the Upper School pick-up / drop off area. Coaches and activity leaders have been assigned to supervise this area for the 4:30 pick up time.

Security and Child Protection

EAC is deeply committed to providing a robust After School Athletics and Activities Program in a safe environment. Consequently, all after school athletics and activities and coaches/teachers/leaders are required to be registered with the Athletics/Activities Office and School Administration. All coaches and activity leaders are required to participate in EAC's Child Protection Workshop.

If you would like to propose offering an after school activity, please contact After School Activities Coordinator, Priscilla Pinheiro, at priscilla.pinheiro@eac.com.br. EAC has a process and criteria in place to determine whether or not an activity is suitable for our students.

EAC forbids any coach, leader, teacher, or provider who is not registered with the school to lead or coach an after school activity on campus.

Healthcare and Medical Guidelines- After School Hours

If a student/person is injured after school hours when the nurse's office is closed and the nurse is not on duty, then the following procedure applies:

1. Verify the nature of the injury and if the injured student/person is able to communicate or to move.
2. Contact and inform the parent
3. If the nature of the injury can be verified, then a certified coach/staff member can apply basic First Aid. (A First Aid Kit, along with ice, is located in the Gym *Please note that a Bombeiro is on campus duty until 19:00; s/he is trained in First Aid / CPR and will be able to assist in the event of an injury.*
4. If the person cannot move or is not able to communicate, then contact the school's ambulance service **Medicar 0800 941-5455**.
5. In the event of any injury to a student, the coach or staff member should contact the parent.

If a student/staff member experiences a head injury, then advise the student/person to see a physician as soon as possible.

Please note that coaches and after school activities leaders are not permitted to administer any child medication.

Head Injury and Suspected Concussion Protocol for Student-Athletes

Any student who experiences a head injury (bump, jolt, or blow) will be assessed and observed for a minimum of 30 minutes for a suspected concussion by the coaches and/or Athletic Director.

If a student with a head injury experiences one or more of the signs and symptoms of a concussion at any time during the initial observation period, he/she will be suspected of a concussion and immediately removed from play. The student will not return to play until they are evaluated by the Athletic Director, nurse and/or bombeiro civil and have received medical clearance for return to play.

If a concussion is suspected, the athlete should not be left alone and should be monitored for worsening symptoms. If symptoms worsen and become emergent, the student will be transported to the nearest emergency department.

If no signs or symptoms of a concussion are present during the initial observation period, return to play is still not advisable. A parent/guardian will be notified of the risks of returning to play. Any activity should proceed with caution, understanding that symptoms can appear over time, and that the student should be observed closely during and after the activity.

Any athlete that is diagnosed with a concussion will not return to play on the day of injury. They will be required to complete the school's return-to-play protocol and be released by the Athletic Director before returning to any physical activities. The student athlete is expected to present a doctor's note to the school nurse and Athletic Director before the student can return to physical activities.